

Church of the Savior  
5600 NW 63rd Street  
Oklahoma City, OK 73132-7731

**April's First Sunday Collection** will be taken to PUM. They request peanut butter, jelly, canned meats, paper goods and cleaning supplies. Please be generous—they help lots of families!

**50 Plus Group Tour**

The 50 Plus will be taking a tour to the Oklahoma Art Museum, The 45th Infantry Armory, and the State Capitol on Friday, March 28. The cost for the trip is \$7 with lunch on your own at the Art Museum. The van will leave at 9:00 a.m. Please sign up on the Bulletin Board by March 23. See you there!

**Update Your Pledge**

**The Treasurer's office would like to remind the members to get their pledges up-to-date so that we may keep our budget current.**

**Verse to Remember**

“For we are God’s workmanship created in Christ Jesus to do good works, which God prepared in advance for us to do”.

Ephesians 2:10

A question to consider: What is holding me back from accepting God’s call to serve him?

**E-MAIL ADDRESSES and WEBSITE**

**Church:** cots@sbcglobal.net

**Church website:** www.cotsokc.org

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📧 Newsletter Deadline: Friday, March 28.

Next Mailing: Tuesday, April 1, 2003

Office Hours: M-F 9a-4p



# Church of the Savior Messenger



**Pastor:** Rev. Thea A. McKee

**Director of Music, Youth, and Young Families:** Deb Roberts

**Organist:** Lou Ann Rice, **Office Manager:** Karleta Doss

**March 18, 2003**

**Pastor's Letter**

Lent is the 40 day period of repentance and renewal preceding Easter. The Lenten period and its emphasis on penitential practices evolved slowly. In the early church, baptism & penance were key Lenten themes. During Lent, candidates prepared for Easter baptism and people engaged in public penance for serious sins. In later years, the emphasis gradually shifted to private penance. Lent became a time of forgiveness & reconciliation for those who acknowledged their sinfulness. During the middle ages strict 40-day fasts (abstinence from meat and other foods), not attending festivities, etc., were obligatory for Christians. Gradually, these practices became less rigid. Today, the emphasis has shifted from long periods of fasting to prayer, meditation and reflection on the meaning of Easter. Lent remains important as a time of preparation for and renewal of baptism and confirmation vows.

Today, as in the past, the heart of Lent is inner penitence and reconciliation with God. Begin with self-examination and inner healing; set aside this period to examine and evaluate your life as a Christian. Spiritual renewal is possible only if you're willing to repent for your sins and change your life for God. The apostle Paul wrote that achieving inner change was the responsibility of each Christian and the Church as a whole: “So we are ambassadors for Christ, since God is making his appeal through us; we urge you on behalf of Christ, be reconciled to God.”

*(2 Corinthians 5:20)*

As we sojourn on this journey of inner penitence and reconciliation with our God, we will be examining the “Prayers of Passion.” These are prayers which were offered either by Christ or to him, as he made his fateful way to the cross...and beyond. Two thousand years later these words of pain, pardon, promise, power, and peace still speak to us. We opened our Lenten journey listening to how God had to turn his face away from the cross as Christ cried, “Why Have You Forsaken Me?” We will continue our journey to the cross of Christ as we consider the remaining prayers of the Passion:

“Father Forgive Them;” “Jesus, Remember Me;”

“Into Your Hands I Commend My Spirit;”

“Simon, I Have Prayed for You;”

and “Let This Cup Pass.”

Let us meditate and reflect upon these words during our journey through Lent,  
Pastor Thea

*Be doers of the Word, and not just hearers. James 1:22*

**YOUTH TRUTH**



I hope that each one of you will take time during this season to reflect on the importance of what Jesus did for you on the cross. It can bring a lot of depth to each one of your lives.

Looking ahead: March 18th & 19th Come spend time with me at church. We're working on Activity Center, eating together and going to a movie. April 4th-6th, Youth Quake at Camp Canyon. Plan on going!

**Kids Korner**—I always love it when you guys come and spend time with us at Youth Group. Also...we're going to be singing something soon again in Sunday worship. So...be active in Sunday School.

**A Special Note**—I really appreciate Wes Baxter, J. P. Richardson and Travis Gunnells and all the help you guys give to me with the Youth Group.

**Joyful Noises**—As each week of Lent passes, our music will get more in depth in meaning and in harmony so, I hope that each of you will take time to reflect not only

in learning notes but in getting into the text. Your hard work, your fun, your very presence is always appreciated. Be sure and be here to be supportive of the Lyons College Choir.

**Ceilidh (Kay-Lee) (Gaelic word means "Visit")**  
On Friday, April 4, 2003, Scott Banger, CEO of United Scottish Clans of Oklahoma Inc., will be here at Church of the Savior at 6:30 p.m. in the Fellowship Hall. There will be a pot luck dinner and program to follow. Bring your favorite dish, dancing shoes, and singing voice.

Mikey Weatherman, one of our children in the childcare, is having heart surgery. We will be having an Easter basket and bake sale April 14-18 to help the family financially. Any donations will be greatly appreciated.

**IN OUR PRAYERS THIS WEEK**

Helen Hanselman Lucille Robinson  
Nancy Murphy  
Our sympathy and prayers go to Tim Kate and family in the recent death of Fritz Kate. Memorial services are Sat., April 5.  
*If you know of someone who would benefit from a visit by our Caring Commission or Pastor, please contact the church office.*

**LENTEN DINNER SCHEDULE**

Theme: Where Does God Want Us To Go?  
Cost: \$5.00-Children 10 and under free  
Time: 6:00 p.m., Wednesday evenings

<u>Commission</u>	<u>Date</u>	<u>Menu</u>
Support	3/19	Lasagna
Worship	3/26	Fried Chicken
Child Care, Christian Ed, Youth	4/2	Taco Salad
Mission, New Member	4/9	Taco Soup

*Each commission will be responsible for set up, clean up, dinner, and speaker.*

**A Proposal For Lent**

- Fast on criticism, and feast on praise.
  - Fast from self-pity, and feast on joy.
  - Fast from ill-temper, and feast on peace.
  - Fast from resentment, and feast on contentment.
  - Fast from jealousy, and feast on love.
  - Fast from pride, and feast on humility.
  - Fast from selfishness, and feast on service.
  - Fast from fear, and feast on faith.
- Westernairs

**CCC Easter Basket/Bake Sale**

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>April 2003</b>		1 Newsletter mailed	2	3	4 Youth Quake 4th-6th	5 Work day
6 <i>Daylight Savings</i>	7	8 7p Commissions	9	10	11 Newsletter deadline	12
13	14	15 Newsletter mailed 7p BOE	16	17 <i>Maundy Thursday</i>	18 <i>Good Friday</i>	19
20 <i>Easter 6a Sunrise at Martindale's</i>	21	22	23	24	25 Pastor Thea at Mo-Ranch, TX thru May 2	26
27	28	29	30			

**HOLY WEEK**

The Sanctuary will be open 6:00 a.m. to 6:00 p.m. during Holy Week (April 13—April 19) for prayer and meditation.

<b>HAPPY BIRTHDAY IN APRIL 2003!</b>	
Anna Lee	1
Ina Waldrop	4
Rain Martin	11
Brooke Morgan-Voyce	19
J. P. Richardson	25
Laurence Wellons	28

**Outreach Opportunities**

Please note the new "Outreach" bulletin board in the hallway. We will be posting new and different opportunities for individuals and groups to participate in. Help yourselves to the articles and/or envelopes provided. Also watch for more news concerning our "One Great Hour of Sharing" offering which is taken during the Easter season.

**Sunday**

- 10:50 a.m. Worship
- 9:30 a.m. Sunday School
- 5:00 p.m. Youth Group

**Monday**

- 9:00 a.m. Mobile Meals
- 9:30 a.m. Bible Study
- 1:00 p.m. Staff meeting

**Wednesday**

- 10:00 a.m. Quilters
- 4:30 p.m. Chapel
- 6:00 p.m. Lenten Dinner
- 7:00 p.m. Choir

**Thursday**

- 7:00 a.m. Men's Breakfast
- 9:00 a.m. Mobile Meals

**Friday**

- 10:00 a.m. Chapel