

## Varsity Individual Top Times 2006

Las Lomas Knights [LALO] Group: Varsity]

Number of Top Times: 43 Show Yards Only

	Time	P/F/S	Name	Age/Yr		
<b>Women 50 Free</b>						
1	25.04	Y NCC	F Finger, Iris	JR	5/19/2006	North Coast
2	25.19	Y NCC	F Harper, Shelley	SO	2/24/2006	Time Trials
3	25.42	Y NCC	P Breunig, Lia	JR	5/19/2006	North Coast
4	25.51	Y L NCC	F Toriggino, Nicole	SR	5/11/2006	2006 DFAL Championship Meet
5	26.13	Y	F Lee, Sylvie	SR	2/24/2006	Time Trials
6	26.16	Y	F Yoshiwara, Carole	SR	2/24/2006	Time Trials
7	26.24	Y	F Diaz, Toni	SO	2/24/2006	Time Trials
8	26.32	Y	F Yoder, Shaila	FR	4/21/2006	Campolindo
9	26.41	Y	F Banfield, Mary	JR	3/3/2006	Concord HS
10	26.53	Y	F Smith, April	JR	3/31/2006	Alhambra
11	26.65	Y	P Bellows, Kelsey	SR	5/11/2006	2006 DFAL Championship Meet
12	26.85	Y	F Shockley, Jackie	JR	4/28/2006	Acalanes
13	26.86	Y	P Day, Carolyn	SR	5/11/2006	2006 DFAL Championship Meet
14	27.01	Y	P Mark, Anna Lai	SR	5/11/2006	2006 DFAL Championship Meet
15	27.23	Y	F Dorn, Lexie	FR	4/21/2006	Campolindo
16	27.33	Y	F Maneggio, Rachel	FR	2/24/2006	Time Trials
17	27.49	Y	F Williams, Danielle	FR	3/3/2006	Concord HS
18	27.56	Y	P Forbes, Lindsay	SO	5/11/2006	2006 DFAL Championship Meet
19	27.59	Y	F Thomas, Jennifer	JR	4/21/2006	Campolindo
20	27.65	Y	F Litvinova, Anya	JR	2/24/2006	Time Trials
21	27.80	Y	F Thurston, Jenna	SO	3/31/2006	Alhambra
22	27.96	Y	F Thomas, Chrissy	FR	2/24/2006	Time Trials
23	28.06	Y	F Bartow, Ellen	JR	3/3/2006	Concord HS
24	28.29	Y	P Dodds, Alyson	JR	5/11/2006	2006 DFAL Championship Meet
25	28.51	Y	F Amog, Jessica	SO	2/24/2006	Time Trials
26	28.56	Y	F Jamieson, Annie	SR	3/17/2006	Northgate
27	28.60	Y	F Hanoian, Sossi	SR	2/24/2006	Time Trials
28	29.03	Y	F Kleespies, Kelly	JR	2/24/2006	Time Trials
29	29.77	Y	F Chin, Chelsea	SR	3/3/2006	Concord HS
30	30.52	Y	F Carver, Sara	SR	2/24/2006	Time Trials
31	30.65	Y	F Stewart, Brittni	SR	2/24/2006	Time Trials
32	31.17	Y	F Schultz, Allison	SR	3/24/2006	College Park
33	32.17	Y	F Shamroukh, Noelle	SR	3/10/2006	Dublin
34	32.81	Y	F Kurisu, Kimberly	SR	4/21/2006	Campolindo
35	36.06	Y	F Chan, Angela	SR	4/28/2006	Acalanes
<b>Women 100 Free</b>						
1	54.78	Y NCC	F Breunig, Lia	JR	5/11/2006	2006 DFAL Championship Meet
2	56.04	Y NCC	P Lee, Sylvie	SR	5/19/2006	North Coast
3	56.36	Y NCC	F Yoshiwara, Carole	SR	2/24/2006	Time Trials
4	56.65	Y NCC	F Banfield, Mary	JR	3/10/2006	Dublin
5	56.68	Y L NCC	F Toriggino, Nicole	SR	5/11/2006	2006 DFAL Championship Meet
6	57.13	Y NCC	P Finger, Iris	JR	5/11/2006	2006 DFAL Championship Meet
7	58.28	Y	F Smith, April	JR	4/14/2006	Miramonte
8	58.30	Y	F Grabow, Abbi	FR	4/21/2006	Campolindo
9	1:00.07	Y	F Amog, Jessica	SO	3/17/2006	Northgate
10	1:00.70	Y	F Mark, Anna Lai	SR	3/31/2006	Alhambra
11	1:01.03	Y	F Williams, Danielle	FR	2/24/2006	Time Trials
12	1:01.35	Y	F Forbes, Lindsay	SO	4/21/2006	Campolindo
13	1:02.31	Y	P Hanoian, Sossi	SR	5/11/2006	2006 DFAL Championship Meet
14	1:02.47	Y	F Thurston, Jenna	SO	3/24/2006	College Park
15	1:02.87	Y	F Maneggio, Rachel	FR	4/28/2006	Acalanes
16	1:03.07	Y	F Bellows, Kelsey	SR	3/17/2006	Northgate
17	1:03.44	Y	F Stewart, Brittni	SR	4/28/2006	Acalanes
18	1:05.16	Y	F Dodds, Alyson	JR	3/24/2006	College Park
19	1:05.89	Y	F Bartow, Ellen	JR	2/24/2006	Time Trials
20	1:06.70	Y	F Dorn, Lexie	FR	2/24/2006	Time Trials
21	1:06.79	Y	P Chin, Chelsea	SR	5/11/2006	2006 DFAL Championship Meet
22	1:07.83	Y	P Schultz, Allison	SR	5/11/2006	2006 DFAL Championship Meet
23	1:08.66	Y	F Carver, Sara	SR	3/17/2006	Northgate
24	1:08.85	Y	P Kurisu, Kimberly	SR	5/11/2006	2006 DFAL Championship Meet
25	1:15.49	Y	F Shamroukh, Noelle	SR	3/10/2006	Dublin
26	1:18.91	Y	P Chan, Angela	SR	5/11/2006	2006 DFAL Championship Meet
<b>Women 200 Free</b>						
1	1:55.18	Y NCA	F Harper, Shelley	SO	4/14/2006	Miramonte
2	1:56.45	Y NCA	F Yoshiwara, Carole	SR	5/19/2006	North Coast
3	1:59.55	Y NCC	F Yoder, Shaila	FR	4/28/2006	Acalanes
4	2:02.89	Y NCC	F Diaz, Toni	SO	2/24/2006	Time Trials
5	2:03.42	Y NCC	F Banfield, Mary	JR	4/21/2006	2006 DFAL Championship Meet
6	2:03.64	Y NCC	F Breunig, Lia	JR	3/24/2006	College Park

## Varsity Individual Top Times 2006

Las Lomas Knights [LALO] Group: Varsity]

Number of Top Times: 43 Show Yards Only

	Time		P/F/S	Name	Age/Yr			
7	2:04.72	Y	NCC	F	Lee, Sylvie	SR	3/3/2006	Concord HS
8	2:05.48	Y	NCC	F	Finger, Iris	JR	3/10/2006	Dublin
9	2:07.79	Y		F	Smith, April	JR	3/10/2006	Dublin
10	2:08.57	Y		P	Amog, Jessica	SO	5/11/2006	2006 DFAL Championship Meet
11	2:10.00	Y		F	Thomas, Chrissy	FR	2/24/2006	Time Trials
12	2:10.55	Y		P	Grabow, Abbi	FR	5/11/2006	2006 DFAL Championship Meet
13	2:12.00	Y		F	Toriggino, Nicole	SR	2/24/2006	Time Trials
14	2:14.29	Y		F	Shockley, Jackie	JR	2/24/2006	Time Trials
15	2:14.37	Y		F	Jamieson, Annie	SR	3/10/2006	Dublin
16	2:14.68	Y		F	Mark, Anna Lai	SR	2/24/2006	Time Trials
17	2:14.89	Y		P	Maneggio, Rachel	FR	5/11/2006	2006 DFAL Championship Meet
18	2:15.23	Y		F	Kleespies, Kelly	JR	3/24/2006	College Park
19	2:16.68	Y		P	Dorn, Lexie	FR	5/11/2006	2006 DFAL Championship Meet
20	2:17.13	Y		F	Bellows, Kelsey	SR	3/10/2006	Dublin
21	2:20.57	Y		F	Williams, Danielle	FR	2/24/2006	Time Trials
22	2:20.84	Y		F	Day, Carolyn	SR	4/28/2006	Acalanes
23	2:21.12	Y		F	Forbes, Lindsay	SO	3/10/2006	Dublin
24	2:22.06	Y		F	Bartow, Ellen	JR	3/17/2006	Northgate
25	2:22.39	Y		F	Dodds, Alyson	JR	3/24/2006	College Park
26	2:23.99	Y		F	Stewart, Brittni	SR	3/17/2006	Northgate
27	2:27.33	Y		F	Hanoian, Sossi	SR	2/24/2006	Time Trials
28	2:29.68	Y		F	Carver, Sara	SR	2/24/2006	Time Trials
29	2:35.74	Y		F	Chin, Chelsea	SR	3/17/2006	Northgate
30	2:39.00	Y		F	Kurusu, Kimberly	SR	2/24/2006	Time Trials
31	2:49.15	Y		F	Shamroukh, Noelle	SR	2/24/2006	Time Trials
32	2:59.75	Y		F	Chan, Angela	SR	2/24/2006	Time Trials
<b>Women 500 Free</b>								
1	4:56.76	Y	NCA	P	Harper, Shelley	SO	5/19/2006	North Coast
2	5:15.33	Y	NCA	P	Yoshiwara, Carole	SR	5/19/2006	North Coast
3	5:35.51	Y	NCC	F	Smith, April	JR	3/17/2006	Northgate
4	5:36.75	Y	NCC	F	Diaz, Toni	SO	3/24/2006	College Park
5	5:48.21	Y		P	Jamieson, Annie	SR	5/11/2006	2006 DFAL Championship Meet
6	5:52.50	Y		F	Toriggino, Nicole	SR	3/10/2006	Dublin
7	5:56.34	Y		F	Amog, Jessica	SO	3/10/2006	Dublin
8	5:56.52	Y		F	Kleespies, Kelly	JR	3/24/2006	College Park
9	6:09.81	Y		F	Dorn, Lexie	FR	3/31/2006	Alhambra
10	6:10.42	Y		F	Mark, Anna Lai	SR	3/3/2006	Concord HS
11	6:11.10	Y		F	Maneggio, Rachel	FR	3/24/2006	College Park
12	6:12.60	Y		F	Forbes, Lindsay	SO	4/14/2006	Miramonte
13	6:18.00	Y		F	Bartow, Ellen	JR	4/21/2006	Campolindo
<b>Women 50 Back</b>								
1	29.72	Y L		P	Thomas, Chrissy	FR	5/11/2006	2006 DFAL Championship Meet
2	30.63	Y L		P	Stewart, Brittni	SR	5/11/2006	2006 DFAL Championship Meet
<b>Women 100 Back</b>								
1	1:03.57	Y	NCC	P	Thomas, Chrissy	FR	5/19/2006	North Coast
2	1:04.53	Y	NCC	P	Breunig, Lia	JR	5/11/2006	2006 DFAL Championship Meet
3	1:04.82	Y	NCC	P	Shockley, Jackie	JR	5/11/2006	2006 DFAL Championship Meet
4	1:05.15	Y		P	Stewart, Brittni	SR	5/11/2006	2006 DFAL Championship Meet
5	1:06.81	Y		F	Yoder, Shaila	FR	4/28/2006	Acalanes
6	1:07.39	Y		P	Amog, Jessica	SO	5/11/2006	2006 DFAL Championship Meet
7	1:07.69	Y		F	Litvinova, Anya	JR	3/24/2006	College Park
8	1:08.00	Y		P	Forbes, Lindsay	SO	5/11/2006	2006 DFAL Championship Meet
9	1:08.39	Y		F	Lee, Sylvie	SR	3/31/2006	Alhambra
10	1:11.26	Y		F	Thurston, Jenna	SO	3/31/2006	Alhambra
11	1:11.80	Y		P	Dodds, Alyson	JR	5/11/2006	2006 DFAL Championship Meet
12	1:12.01	Y		F	Dorn, Lexie	FR	4/21/2006	Campolindo
13	1:12.59	Y		P	Jamieson, Annie	SR	5/11/2006	2006 DFAL Championship Meet
14	1:12.68	Y		F	Banfield, Mary	JR	2/24/2006	Time Trials
15	1:12.73	Y		F	Maneggio, Rachel	FR	2/24/2006	Time Trials
16	1:16.70	Y		F	Kleespies, Kelly	JR	4/14/2006	Miramonte
17	1:17.66	Y		F	Bellows, Kelsey	SR	4/14/2006	Miramonte
18	1:17.92	Y		F	Day, Carolyn	SR	3/31/2006	Alhambra
19	1:18.88	Y		F	Bartow, Ellen	JR	3/17/2006	Northgate
20	1:20.40	Y		F	Carver, Sara	SR	3/17/2006	Northgate
21	1:26.10	Y		F	Chin, Chelsea	SR	3/17/2006	Northgate
22	1:32.18	Y		F	Schultz, Allison	SR	4/14/2006	Miramonte
23	1:34.61	Y		F	Kurusu, Kimberly	SR	3/17/2006	Northgate
24	1:39.31	Y		F	Chan, Angela	SR	3/10/2006	Dublin
25	1:44.30	Y		F	Shamroukh, Noelle	SR	2/24/2006	Time Trials

## Varsity Individual Top Times 2006

Las Lomas Knights [LALO] Group: Varsity]

Number of Top Times: 43 Show Yards Only

	Time		P/F/S	Name	Age/Yr		
<b>Women 100 Breast</b>							
1	1:06.55	Y	NCA	F	Yoder, Shaila	FR	5/11/2006 2006 DFAL Championship Meet
2	1:09.49	Y	NCC	F	Harper, Shelley	SO	2/24/2006 Time Trials
3	1:09.77	Y	NCC	P	Toriggino, Nicole	SR	5/11/2006 2006 DFAL Championship Meet
4	1:10.24	Y	NCC	P	Smith, April	JR	5/11/2006 2006 DFAL Championship Meet
5	1:10.31	Y	NCC	F	Lee, Sylvie	SR	4/14/2006 Miramonte
6	1:12.54	Y	NCC	P	Kleespies, Kelly	JR	5/11/2006 2006 DFAL Championship Meet
7	1:14.87	Y		F	Maneggio, Rachel	FR	2/24/2006 Time Trials
8	1:15.03	Y		F	Diaz, Toni	SO	2/24/2006 Time Trials
9	1:15.88	Y		F	Finger, Iris	JR	2/24/2006 Time Trials
10	1:16.66	Y		P	Hanoian, Sossi	SR	5/11/2006 2006 DFAL Championship Meet
11	1:18.26	Y		F	Dorn, Lexie	SR	3/31/2006 Alhambra
12	1:18.80	Y		P	Bartow, Ellen	JR	5/11/2006 2006 DFAL Championship Meet
13	1:20.39	Y		F	Forbes, Lindsay	SO	2/24/2006 Time Trials
14	1:22.49	Y		P	Chin, Chelsea	SR	5/11/2006 2006 DFAL Championship Meet
15	1:23.94	Y		F	Amog, Jessica	SO	2/24/2006 Time Trials
16	1:26.21	Y		P	Kurusu, Kimberly	SR	5/11/2006 2006 DFAL Championship Meet
17	1:29.51	Y		F	Day, Carolyn	SR	3/31/2006 Alhambra
18	1:30.02	Y		P	Schultz, Allison	SR	5/11/2006 2006 DFAL Championship Meet
19	1:46.58	Y		F	Shamroukh, Noelle	SR	3/17/2006 Northgate
20	2:05.62	Y		F	Chan, Angela	SR	3/31/2006 Alhambra
<b>Women 50 Fly</b>							
1	32.75	Y		F	Thurston, Jenna	SO	3/17/2006 Northgate
<b>Women 100 Fly</b>							
1	58.86	Y	NCA	F	Harper, Shelley	SO	2/24/2006 Time Trials
2	1:01.46	Y	NCC	P	Diaz, Toni	SO	5/19/2006 North Coast
3	1:01.49	Y	NCC	F	Litvinova, Anya	JR	5/11/2006 2006 DFAL Championship Meet
4	1:02.99	Y	NCC	F	Yoshiwara, Carole	SR	4/14/2006 Miramonte
5	1:05.17	Y		P	Mark, Anna Lai	SR	5/11/2006 2006 DFAL Championship Meet
6	1:06.02	Y		F	Thomas, Chrissy	FR	4/28/2006 Acalanes
7	1:06.68	Y		F	Thomas, Jennifer	JR	4/21/2006 Campolindo
8	1:06.92	Y		P	Day, Carolyn	SR	5/11/2006 2006 DFAL Championship Meet
9	1:07.63	Y		P	Bellows, Kelsey	SR	5/11/2006 2006 DFAL Championship Meet
10	1:08.22	Y		P	Stewart, Brittni	SR	5/11/2006 2006 DFAL Championship Meet
11	1:11.14	Y		F	Williams, Danielle	FR	3/3/2006 Concord HS
12	1:16.87	Y		F	Dodds, Alyson	JR	3/17/2006 Northgate
13	1:18.66	Y		F	Hanoian, Sossi	SR	3/17/2006 Northgate
<b>Women 100 IM</b>							
1	1:12.84	Y		F	Grabow, Abbi	FR	3/10/2006 Dublin
2	1:13.51	Y		F	Thurston, Jenna	SO	3/17/2006 Northgate
3	1:14.25	Y		F	Thomas, Chrissy	FR	2/24/2006 Time Trials
4	1:19.11	Y		F	Dorn, Lexie	FR	2/24/2006 Time Trials
<b>Women 200 IM</b>							
1	2:08.58	Y	NCA	F	Harper, Shelley	SO	5/19/2006 North Coast
2	2:14.20	Y	NCA	F	Yoder, Shaila	FR	5/11/2006 2006 DFAL Championship Meet
3	2:15.51	Y	NCC	P	Diaz, Toni	SO	5/19/2006 North Coast
4	2:16.34	Y	NCC	P	Smith, April	JR	5/11/2006 2006 DFAL Championship Meet
5	2:16.83	Y	NCC	P	Toriggino, Nicole	SR	5/11/2006 2006 DFAL Championship Meet
6	2:19.37	Y	NCC	F	Yoshiwara, Carole	SR	4/14/2006 Miramonte
7	2:20.18	Y	NCC	F	Thomas, Chrissy	FR	4/28/2006 Acalanes
8	x2:20.51	Y	NCC	P	Shockley, Jackie	JR	5/11/2006 2006 DFAL Championship Meet
9	2:21.12	Y	NCC	F	Lee, Sylvie	SR	3/31/2006 Alhambra
10	2:25.49	Y		P	Kleespies, Kelly	JR	5/11/2006 2006 DFAL Championship Meet
11	2:28.61	Y		F	Amog, Jessica	SO	3/17/2006 Northgate
12	2:30.38	Y		F	Litvinova, Anya	JR	2/24/2006 Time Trials
13	2:33.03	Y		F	Maneggio, Rachel	FR	3/17/2006 Northgate
14	2:35.43	Y		F	Forbes, Lindsay	SO	3/17/2006 Northgate
15	2:39.71	Y		F	Dorn, Lexie	FR	3/17/2006 Northgate
16	2:55.09	Y		F	Chin, Chelsea	SR	3/24/2006 College Park
<b>Women 1 Meter 6 Dives</b>							
1	310.00			F	Anderson, Tori	SR	5/11/2006 2006 DFAL Championship Meet
2	292.30			F	Pennington, Sarah	SR	5/11/2006 2006 DFAL Championship Meet
<b>Men 50 Free</b>							
1	21.78	Y	NCA	P	Angelo, Tyler	SR	5/11/2006 2006 DFAL Championship Meet
2	22.43	Y	NCA	F	Richards, Carter	SR	5/19/2006 North Coast
3	22.46	Y	NCA	P	Martinez, Carlos	SR	5/11/2006 2006 DFAL Championship Meet
4	23.20	Y		P	Day, Ryan	SO	5/11/2006 2006 DFAL Championship Meet
5	23.61	Y		F	Sevilla, Matt	SO	4/14/2006 Miramonte
6	23.88	Y		F	Goltra, Colin	SO	2/24/2006 Time Trials

## Varsity Individual Top Times 2006

Las Lomas Knights [LALO] Group: Varsity]

Number of Top Times: 43 Show Yards Only

	Time	P/F/S	Name	Age/Yr		
7	24.24 Y	P	Orton, Rob	JR	5/11/2006	2006 DFAL Championship Meet
8	24.33 Y	P	Herndon, David	JR	5/11/2006	2006 DFAL Championship Meet
9	24.44 Y	F	Long, Cameron	SR	3/17/2006	Northgate
10	24.62 Y	F	Almeida, Josh	SR	3/31/2006	Alhambra
11	24.80 Y	F	Kwan, Nathan	SR	2/24/2006	Time Trials
12	25.03 Y	F	Soza, Steven	SO	3/17/2006	Northgate
13	25.15 Y	F	Lin, Curtis	FR	2/24/2006	Time Trials
14	25.38 Y	F	Jory, Scott	JR	2/24/2006	Time Trials
15	25.60 Y	F	Stringer, Shaun	FR	2/24/2006	Time Trials
16	25.75 Y	F	Hobbs, Stephen	JR	3/3/2006	Concord HS
17	25.93 Y	F	Buck, Andy	SR	2/24/2006	Time Trials
18	26.76 Y	F	DeRouen, Derek	SO	2/24/2006	Time Trials
19	27.14 Y	F	Cedermaz, Jonathan	SO	2/24/2006	Time Trials
20	27.44 Y	P	Reid, Greg	SR	5/11/2006	2006 DFAL Championship Meet
<b>Men 100 Free</b>						
1	49.17 Y	NCC P	Martinez, Carlos	SR	5/11/2006	2006 DFAL Championship Meet
2	52.94 Y	F	Kwan, Nathan	SR	4/28/2006	Acalanes
3	53.37 Y	L P	Day, Ryan	SO	5/11/2006	2006 DFAL Championship Meet
4	53.76 Y	L F	Stringer, Shaun	FR	5/11/2006	2006 DFAL Championship Meet
5	53.89 Y	P	Orton, Rob	JR	5/11/2006	2006 DFAL Championship Meet
6	54.00 Y	F	Sevilla, Matt	SO	4/21/2006	Campolindo
7	54.21 Y	F	Goltra, Colin	SO	2/24/2006	Time Trials
8	54.31 Y	F	Soza, Steven	SO	4/14/2006	Miramonte
9	54.36 Y	F	Almeida, Josh	SR	4/21/2006	Campolindo
10	55.05 Y	F	Long, Cameron	SR	3/17/2006	Northgate
11	56.88 Y	F	Buck, Andy	SR	3/17/2006	Northgate
12	57.06 Y	F	Herndon, David	JR	4/14/2006	Miramonte
13	57.82 Y	F	Hobbs, Stephen	JR	3/3/2006	Concord HS
14	1:01.24 Y	F	Cedermaz, Jonathan	SO	2/24/2006	Time Trials
<b>Men 200 Free</b>						
1	1:48.58 Y	NCC F	Angelo, Tyler	SR	3/17/2006	Northgate
2	1:53.17 Y	P	Goltra, Colin	SO	5/11/2006	2006 DFAL Championship Meet
3	1:53.39 Y	F	Stringer, Shaun	FR	4/28/2006	Acalanes
4	1:55.58 Y	F	Lin, Curtis	FR	3/3/2006	Concord HS
5	1:55.88 Y	F	Martinez, Carlos	SR	3/3/2006	Concord HS
6	1:56.20 Y	P	Jory, Scott	JR	5/11/2006	2006 DFAL Championship Meet
7	1:56.63 Y	F	Richards, Carter	SR	2/24/2006	Time Trials
8	1:58.26 Y	P	DeRouen, Derek	SO	5/11/2006	2006 DFAL Championship Meet
9	2:02.40 Y	P	Cedermaz, Jonathan	SO	5/11/2006	2006 DFAL Championship Meet
10	2:03.53 Y	F	Hobbs, Stephen	JR	3/17/2006	Northgate
11	2:04.11 Y	F	Buck, Andy	SR	4/14/2006	Miramonte
12	2:04.99 Y	F	Lawrence, Trevor	JR	3/3/2006	Concord HS
13	2:05.59 Y	F	Soza, Steven	SO	2/24/2006	Time Trials
14	2:07.44 Y	F	Kwan, Nathan	SR	2/24/2006	Time Trials
15	2:09.00 Y	F	Sevilla, Matt	SO	2/24/2006	Time Trials
16	2:09.06 Y	F	Day, Ryan	SO	2/24/2006	Time Trials
17	2:09.44 Y	F	Long, Cameron	SR	2/24/2006	Time Trials
18	2:10.04 Y	F	Almeida, Josh	SR	3/3/2006	Concord HS
19	2:13.22 Y	F	Herndon, David	JR	3/3/2006	Concord HS
20	2:15.07 Y	F	Orton, Rob	JR	2/24/2006	Time Trials
21	2:22.03 Y	F	Reid, Greg	SR	3/24/2006	College Park
<b>Men 500 Free</b>						
1	4:58.61 Y	NCC P	Stringer, Shaun	FR	5/11/2006	2006 DFAL Championship Meet
2	4:58.68 Y	NCC F	Lin, Curtis	FR	4/28/2006	Acalanes
3	x5:01.57 Y	NCC P	Goltra, Colin	SO	5/11/2006	2006 DFAL Championship Meet
4	5:19.72 Y	P	DeRouen, Derek	SO	5/11/2006	2006 DFAL Championship Meet
5	5:22.19 Y	P	Hobbs, Stephen	JR	5/11/2006	2006 DFAL Championship Meet
6	5:32.38 Y	P	Cedermaz, Jonathan	SO	5/11/2006	2006 DFAL Championship Meet
7	5:51.87 Y	F	Lawrence, Trevor	JR	3/3/2006	Concord HS
8	5:54.50 Y	F	Kwan, Nathan	SR	3/3/2006	Concord HS
9	5:55.97 Y	F	Martinez, Carlos	SR	3/10/2006	Dublin
10	6:09.02 Y	F	Almeida, Josh	SR	3/10/2006	Dublin
<b>Men 50 Back</b>						
1	26.62 Y	L P	Buck, Andy	SR	5/11/2006	2006 DFAL Championship Meet
2	28.56 Y	L P	Stringer, Shaun	FR	5/11/2006	2006 DFAL Championship Meet
<b>Men 100 Back</b>						
1	57.91 Y	NCC F	Buck, Andy	SR	5/11/2006	2006 DFAL Championship Meet
2	59.61 Y	NCC P	Kwan, Nathan	SR	5/11/2006	2006 DFAL Championship Meet
3	1:00.77 Y	F	Stringer, Shaun	FR	4/14/2006	Miramonte

## Varsity Individual Top Times 2006

Las Lomas Knights [LALO] Group: Varsity]

Number of Top Times: 43 Show Yards Only

	Time		P/F/S	Name	Age/Yr			
4	1:01.95	Y	F	Sevilla, Matt	SO	4/14/2006	Miramonte	
5	1:02.87	Y	F	Martinez, Carlos	SR	2/24/2006	Time Trials	
6	1:05.44	Y	F	Soza, Steven	SO	3/3/2006	Concord HS	
7	1:07.20	Y	F	Jory, Scott	JR	2/24/2006	Time Trials	
8	1:09.03	Y	F	Orton, Rob	JR	3/24/2006	College Park	
9	1:09.17	Y	F	Hobbs, Stephen	JR	4/21/2006	Campolindo	
10	1:11.53	Y	F	Cedermaz, Jonathan	SO	4/21/2006	Campolindo	
11	1:14.47	Y	F	DeRouen, Derek	SO	3/3/2006	Concord HS	
12	1:16.10	Y	F	Reid, Greg	SR	4/21/2006	Campolindo	
<b>Men 100 Breast</b>								
1	58.71	Y	NCA	F	Angelo, Tyler	SR	5/11/2006	2006 DFAL Championship Meet
2	58.82	Y	NCA	F	Richards, Carter	SR	5/19/2006	North Coast
3	1:05.39	Y	NCC	F	Lin, Curtis	FR	3/17/2006	Northgate
4	1:08.66	Y		F	Goltra, Colin	SO	2/24/2006	Time Trials
5	1:09.03	Y		P	Herndon, David	JR	5/11/2006	2006 DFAL Championship Meet
6	1:10.16	Y		P	Hobbs, Stephen	JR	5/11/2006	2006 DFAL Championship Meet
7	1:13.56	Y		F	Buck, Andy	SR	2/24/2006	Time Trials
8	1:14.17	Y		F	Almeida, Josh	SR	2/24/2006	Time Trials
9	1:18.47	Y		P	Reid, Greg	SR	5/11/2006	2006 DFAL Championship Meet
<b>Men 100 Fly</b>								
1	51.18	Y	REC	F	Angelo, Tyler	SR	5/19/2006	North Coast
2	55.69	Y	NCC	P	Jory, Scott	JR	5/19/2006	North Coast
3	55.77	Y	NCC	P	Lin, Curtis	FR	5/19/2006	North Coast
4	57.36	Y	NCC	F	Stringer, Shaun	FR	4/28/2006	Acalanes
5	58.87	Y		P	Day, Ryan	SO	5/11/2006	2006 DFAL Championship Meet
6	1:04.13	Y		F	Hobbs, Stephen	JR	4/14/2006	Miramonte
7	1:04.42	Y		F	Soza, Steven	SO	4/21/2006	Campolindo
8	1:06.03	Y		F	Buck, Andy	SR	3/3/2006	Concord HS
9	1:07.12	Y		F	DeRouen, Derek	SO	3/3/2006	Concord HS
10	1:09.93	Y		F	Cedermaz, Jonathan	SO	2/24/2006	Time Trials
<b>Men 200 IM</b>								
1	2:01.38	Y	NCA	P	Lin, Curtis	FR	5/11/2006	2006 DFAL Championship Meet
2	2:02.51	Y	NCC	F	Angelo, Tyler	SR	4/21/2006	Campolindo
3	2:03.44	Y	NCC	F	Richards, Carter	SR	5/11/2006	2006 DFAL Championship Meet
4	2:03.58	Y	NCC	F	Buck, Andy	SR	5/11/2006	2006 DFAL Championship Meet
5	2:09.18	Y	NCC	F	Kwan, Nathan	SR	5/11/2006	2006 DFAL Championship Meet
6	2:10.96	Y	NCC	F	Stringer, Shaun	FR	4/14/2006	Miramonte
7	2:15.66	Y		F	Soza, Steven	SO	4/21/2006	Campolindo
8	2:17.84	Y		F	Goltra, Colin	SO	3/3/2006	Concord HS
9	2:21.27	Y		F	Sevilla, Matt	SO	3/17/2006	Northgate
10	2:27.74	Y		F	Lawrence, Trevor	JR	3/10/2006	Dublin
<b>Men 1 Meter 6 Dives</b>								
1	380.90			F	Rulifson, Matt	JR	5/11/2006	2006 DFAL Championship Meet
2	369.50			F	Sunkel, Cody	SO	5/11/2006	2006 DFAL Championship Meet