

Las Lomas High School Swimming & Diving All Time Top Ten Men

50 Freestyle

1.	Adrian Chase	21:13	2002
2.	Jeff Thompson	21:20	1983
3.	Jim Varellas	21:49	1989
4.	Jeff Budke	21:50	1996
5.	Jeremy Call	21:62	1987
6.	Nick Kostal	21:74	1999
7.	Tyrone Miller	21:76	1990
8.	Aron Parker	21:78	1988
	Tyler Angelo	21:78	2006
9.	Brian Cruz	21:84	1999
10.	Rick Anderson	21:88	1976

500 Freestyle

1.	John Dorr	4:25.98	2001
2.	Mike Barry	4:40.15	1981
3.	Adam Christianson	4:42.79	1989
4.	Brent Loder	4:42.87	1994
5.	Matt Rogers	4:45.23	2001
6.	Mike Mortarotti	4:46.42	1977
7.	William Wallace	4:46.76	1984
8.	Matt Beggs	4:47.08	1990
9.	Craig Klass	4:49.06	1983
10.	Bob Schardt	4:49.60	1978

100 Butterfly

1.	Tyler Angelo	51.18	2006
2.	David Arington	51.83	1990
3.	Brian Cruz	51.83	1999
4.	Brad Nicoll	52.31	2001
5.	Dan Pence	52.38	1977
6.	Mat Rothway	52.44	2002
7.	Jesse Kromprier	52.97	2003
8.	Matt Beggs	53.10	1989
9.	Jim Helm	53.28	1973
10.	Zac Lee	53.38	1994

100 Freestyle

1.	Tyrone Miller	45.12	1993
2.	Adrian Chase	45.91	2002
3.	Shayn Bannowsky	46.66	2003
4.	Jeff Thompson	46.69	1983
5.	Jeff Budke	46.71	1996
6.	Jim Varellas	47.14	1989
7.	Adam Christianson	47.38	1989
8.	Nick Kostal	47.42	1999
9.	Mike Hayden	47.50	1972
10.	Corey Martin	47.69	1996

200 Individual Medley

1.	John Dorr	1:50.17	2001
2.	Christian Claytor	1:53.99	1993
3.	Easton Chen	1:54:33	2004
4.	Mat Rothway	1:54.41	2002
5.	Kristian Lee	1:55.70	1996
6.	Tyrone Miller	1:57.83	1992
7.	Matt Beggs	1:58.67	1990
8.	Tyler Angelo	1:59.75	2003
9.	Jim Kraetsch	1:59.80	1975
10.	Travis Rothway	1:59.91	2000

100 Backstroke

1.	Alex Nicoll	53.68	1996
2.	Mat Rothway	53.78	2001
3.	Nate Preston	54.77	2004
4.	Jesse Kromprier	54.88	2003
5.	Ken Chee	55.64	1998
6.	Adam Christianson	56.15	1988
7.	Tim Barry	56.69	1978
8.	Nick Killingsworth	56.82	1996
9.	Daron Youngman	57.16	1992
10.	William Wallace	57.31	1983

200 Freestyle

1.	Adam Christianson	1:42.65	1989
2.	Brent Loder	1:43.22	1994
3.	David Arington	1:43.48	1990
4.	Mike Barry	1:44.64	1981
5.	Glenn Bizewski	1:44.79	1998
6.	Matt Rogers	1:44.85	2001
7.	Tyler Angelo	1:45.60	2004
8.	Corey Martin	1:45.87	1996
9.	Tim Barry	1:45.68	1978
10.	Bob Schardt	1:46.17	1977

Diving:

1.	Steve Sherman	417.51	1976
2.	Robert Litton	386.80	1995
3.	Mark Sherman	382.70	1974
4.	Matt Rulifson	380.90	2006
5.	Cody Sunkel	369.50	2006
6.	Bill Terry	363.05	1966
7.	Chris Kleisath	360.85	2002
8.	John Elliot	345.85	1974
9.	Lee Fox	343.40	1973
10.	Matt King	334.75	1985

100 Breastroke

1.	Tyrone Miller	56.43	1993
2.	Kristian Lee	56.71	1997
3.	Shayn Bannowsky	56:76	2003
4.	Christian Claytor	56.98	1993
5.	Tyler Angelo	58:14	2004
6.	Mo Sardella	58.24	1995
7.	Easton Chen	58:52	2004
8.	Carter Richards	58.82	2006
9.	Tony Pedretti	58.97	1978
10.	Mike Nelson	59.02	2002

200 Medley Relay

1.	N. Preston, S. Bannowsky, T. Angelo, E. Chen	1:36.89	2004
2.	C. Martin, C. Claytor, Z. Lee, T. Miller	1:37.25	1993
3.	A. Nicoll, K. Lee, K. Chee, G. Bizewski	1:37.31	1997
4.	A. Nicoll, K. Lee, M. Fuenzalida, M. Sardella	1:37.51	1995
5.	J. Dorr, T. Hermens, K. Yoshino, A. Chase	1:37.57	2001
6.	A. Nicoll, K. Lee M. Fuenzalida, A. Schmitt	1:37.64	1996
7.	D. Youngman, C. Claytor, Z. Lee, T. Miller	1:37.72	1992
8.	K. Chee, G. Bizewski, B. Cruz, N. Kostal	1:37.93	1998
9.	A. Buck, C. Richards, T. Angelo, C. Martinez	1:38.43	2006
10.	J. Dorr, T. Rothway K. Yoshino, A. Chase	1:38.64	2000

200 Freestyle Relay

1.	M. Fuenzalida, A. Schmitt, J. Budke, C. Martin	1:26.37	1996
2.	M. Rothway, P. Dunton, K. Yoshino, A. Chase	1:27.00	2001
3.	M. Shaw, M. Thompson, D. Alef, T. Miller	1:27.36	1991
4.	M. Rothway, A. Chase B. Henderson, T. Bristow	1:27.48	2002
5.	N. Kostal, R. Elbanna A. Chase, B. Cruz	1:27.61	1999
6.	M. Poland, J. Budke, C. Martin, M. Sardella	1:28.21	1994
7.	P. Dunton, K. Yoshino, M. Rothway, A. Chase	1:28.25	2000
8.	N. Preston, S. Bannowsky J. Van Voorhis, T. Bristow	1:28.45	2003
9.	T. Angelo, E. Chen R. Day, C. Martinez	1:28.75	2005
10.	C. Richards, C. Martinez, R. Day, T. Angelo	1:28.78	2006

400 Freestyle Relay

1.	A. Chase, S. Bannowsky N. Preston, M. Rothway	3:08.58	2002
2.	C. Claytor, B. Loder, Z. Lee, T. Miller	3:09.55	1993
3.	A. Christianson, M. Beggs, D. Arington, J. Varellas	3:09.76	1989
4.	M. Thompson, D. Englund, D. Arington, T. Miller	3:10.67	1990
5.	K. Lee, G. Bizewski, C. Martin, J. Budke	3:11.34	1996
6.	M. Rothway, M. Rogers, B. Nicoll, J. Dorr	3:11.66	2001
7.	T. Angelo, N. Preston E. Chen, S. Bannowsky	3:12.14	2004
8.	J. Thompson, C. Klass, C. Thompson, B. Thomason	3:13.17	1982
9.	D. Barber, J. Varellas, A. Parker, A. Christianson	3:13.47	1988
10.	Z. Lee, J. Budke, C. Martin, B. Loder	3:13.68	1994